

Re:Work Calendar

6.19 – Rethinking Work

6.26 – Rethinking Rest

7.3 – Rethinking Identity

7.10 – Rethinking Joy



¹ Moses and Aaron went to Pharaoh and said,
“This is what the LORD, the God of Israel, says: ‘Let
my people go, so that they may hold a festival to
me in the wilderness.’”

Exodus 5:1 (NIV)

²⁷ So God created mankind in his own image, in the image of God he created them; male and female he created them.

Genesis 1:27 (NIV)

² By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. ³ Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Genesis 2:2-3 (NIV)

⁴ But the king of Egypt said, "Moses and Aaron, why are you taking the people away from their labor? Get back to your work!" ⁵ Then Pharaoh said, "Look, the people of the land are now numerous, and you are stopping them from working."

Exodus 5:4-5 (NIV)

¹² "Observe the Sabbath (rest) day by keeping it holy, as the LORD your God has commanded you. ¹³ Six days you shall labor and do all your work,¹⁴ but the seventh day is a sabbath (rest) to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your ox, your donkey or any of your animals,

Deuteronomy 5:12-15 (NIV)

nor any foreigner residing in your towns, so that your male and female servants may rest, as you do.

¹⁵ Remember that you were slaves in Egypt and that the LORD your God brought you out of there with a mighty hand and an outstretched arm. Therefore the LORD your God has commanded you to observe the Sabbath (rest) day.

Deuteronomy 5:12-15 (NIV)

Shabbat Shalom = Sabbath peace, wholeness









²⁸ "Come to me, all you who are weary and burdened, and I will give you rest.²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."

Matthew 11:28-30 (NIV)

- Create a space without technology where you can just rest and pray.
- Journal
- Go on a walk, a run, or exercise.
- Do something outdoors.
- Find a hobby that doesn't produce anything but your own wellbeing.
- Help someone else experience rest: Watch someone's kids. Cook dinner for a single parent. Get creative!