

The Christian life is about...

deepening our relationship with God
and
becoming transformed into his likeness
for the sake of his mission

The background features a stylized, monochromatic illustration of a landscape. It includes rolling hills and a cluster of trees on the right side, all rendered in various shades of green and yellow-green. The overall style is flat and graphic.

The Bible commands God's people
to do spiritual practices

¹ Blessed is the one... ² whose **delight** is in the law (*torah*) of the LORD, and who **meditates** on his law (*torah*) day and night.

Psalm 1:1-2 (NIV 2011)

⁸ “Remember the Sabbath day by keeping it holy...
¹¹ For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

Exodus 20:8,11 (NIV 2011)

¹⁵ Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses. ¹⁶ But Jesus **often withdrew to lonely places and prayed.**

Luke 5:15-16 (NIV 2011)



The Bible commands God's people
to do spiritual practices

Wrong Reasons for Doing Spiritual Practices

1. To gain favor with God



Wrong Reasons for Doing Spiritual Practices

1. To gain favor with God
2. So that people think we're spiritual

¹⁶ “When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting.

Matthew 6:16a (NIV 2011)

Wrong Reasons for Doing Spiritual Practices

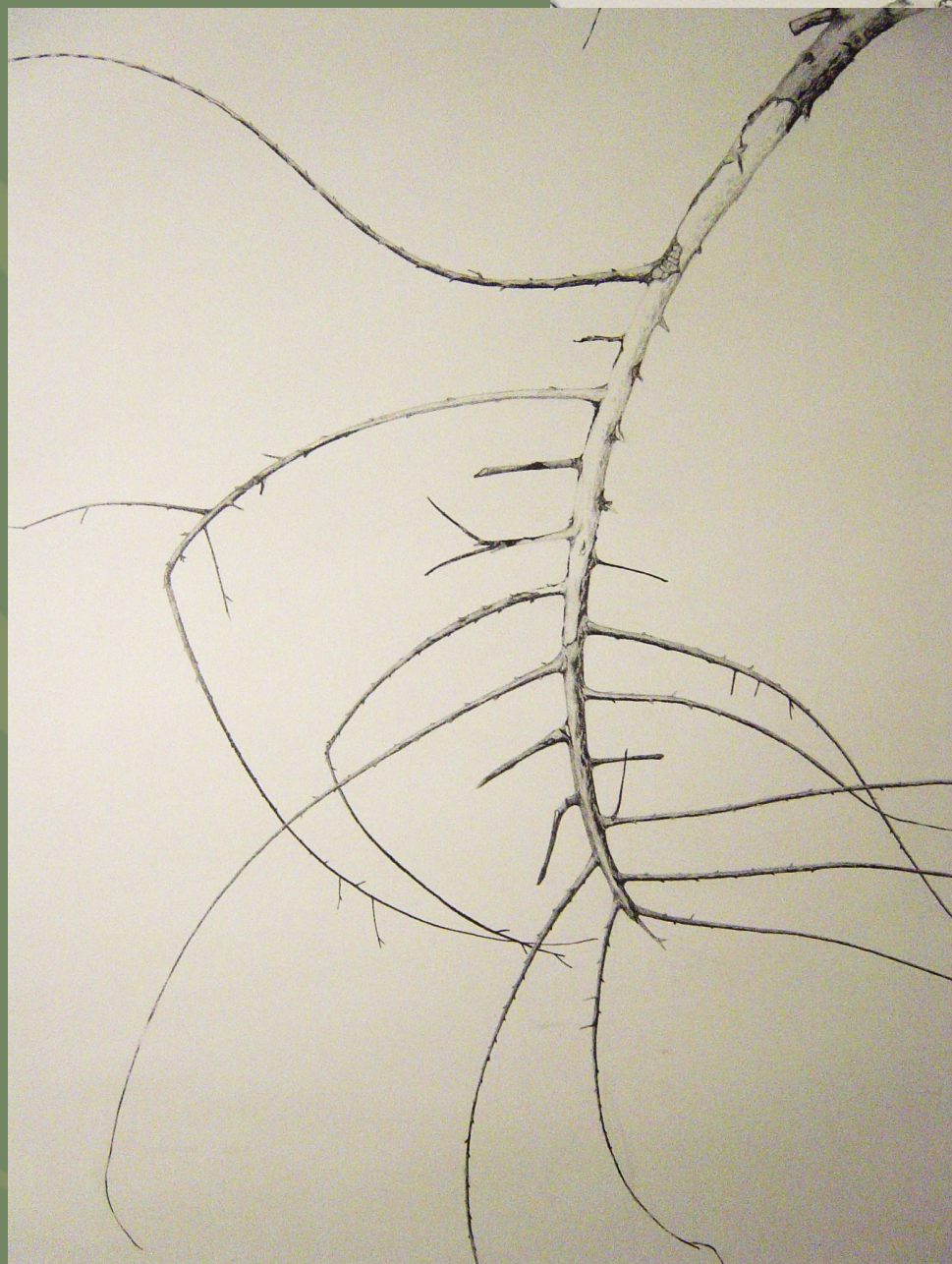
1. To gain favor with God
2. So that people think I'm spiritual
3. To improve myself

“Spiritual Practice” in our Culture

- “Spiritual” refers to the non-material dimension of our existence.
- Spiritual practices gives access to impersonal forces and energies.

“Spiritual Practice” in the Bible

- “Spiritual” refers to the Holy Spirit.
- Biblical Spiritual practice refers to things we do to partner with the Holy Spirit’s work in our lives.



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SUMMER CAMP

Adventures in Spiritual Practices

Series Begins Sunday, June 18

Summer Camp & Blackhawk at the Movies

6/18: Spiritual Growth
& Practices

6/25: Scripture

7/2: Mission & Hospitality

7/9: Service

7/16: At the Movies

7/23: Generosity

7/30: Sabbath Rest

8/6: Crossing Boundaries
of Difference

8/13: Community

8/20: At the Movies

8/27: Prayer