

“Be still, and know that I am God...”

Psalm 46:10

הַרְפוּ וְדַעוּ כִּי-אֱלֹהֵי אֱלֹהִים

Harpoo - Udu - Key - Anokey - Elohim.

Psalm 46:10

Pharaoh said, “**Lazy** (*rapa*), that’s what you are—**lazy** (*rapa*)!
That is why you keep saying, ‘Let us go and sacrifice to the
LORD.’

Exodus 5:17

And there came a voice from above the expanse that was over their heads; whenever they stood still, **they dropped** (*rapa*) their wings.

Ezekiel 1:25 (NASB)

*Be Still And Know
That I Am God*



A serene sunset over a calm lake. The sky is a gradient of orange and yellow, reflecting on the water's surface. In the foreground, the dark silhouettes of weeping willow branches hang down from the top and left sides. The background shows a dark line of trees on the far shore.

*Be Still,
and know that I am God.*

~PSALM 46:10



be still

AND KNOW THAT I AM GOD

PSALMS 46:10

*For the director of music. Of the Sons of Korah.
According to alamoth. A song.*

- ¹ God is our refuge and strength,
an ever-present help in trouble.
- ² Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea,
- ³ though its waters roar and foam
and the mountains quake with their surging.
- ⁴ There is a river whose streams make glad the city of God,
the holy place where the Most High dwells.

⁵ God is within her, she will not fall;
God will help her at break of day.

⁶ Nations are in uproar, kingdoms fall;
he lifts his voice, the earth melts.

⁷ The LORD Almighty is with us;
the God of Jacob is our fortress.

⁸ Come and see what the LORD has done,
the desolations he has brought on the earth.

⁹ He makes wars cease
to the ends of the earth.
He breaks the bow and shatters the spear;
he burns the shields with fire.

Psalm 46

- ¹⁰ He says, "Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth."
¹¹ The LORD Almighty is with us;
the God of Jacob is our fortress.

Vs. 1 – “God is our refuge and strength,
an ever-present help in trouble.”

Vs. 7 – “The Lord Almighty is with us;
the God of Jacob is our fortress.”

Vs. 11 – “The Lord Almighty is with us;
the God of Jacob is our fortress.”

Outline of Psalm 46

1. God is our refuge in a natural crisis (1-3).
2. God is our refuge in a political crisis (4-7).
3. God is our refuge in the end (8-11).

- ¹ God is our refuge and strength,
an ever-present help in trouble.
- ² Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea,
- ³ though its waters roar and foam
and the mountains quake with their surging.

- ⁴ There is a river whose streams make glad the city of God,
the holy place where the Most High dwells.
- ⁵ God is within her, she will not fall;
God will help her at break of day.
- ⁶ Nations are in uproar, kingdoms fall;
he lifts his voice, the earth melts.
- ⁷ The LORD Almighty is with us;
the God of Jacob is our fortress.

²⁰ Look on Zion, the city of our festivals; ...

²¹ There the LORD will be our Mighty One.

It will be like a place of broad rivers and streams.

- ⁵ God is within her, she will not **fall**;
God will help her at break of day.
- ⁶ Nations are in uproar, kingdoms **fall**;
he lifts his voice, the earth melts.

⁸ **Come and see** what the LORD has done,
the desolations he has brought on the earth.

⁹ He makes wars cease
to the ends of the earth.

He breaks the bow and shatters the spear;
he burns the shields with fire.

¹⁰ He says, "Be still, and know that I am God;
I will be exalted among the nations,
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¹¹ The LORD Almighty is with us;
the God of Jacob is our fortress.

⁵ God is within her, **she will not fall;**
God will help her at break of day.

Psalm 46:5

6 Nations are in uproar, **kingdoms fall**;
he lifts his voice, the earth melts.

Psalm 46:6

¹ Then the angel showed me **the river of the water of life**, as clear as crystal, flowing from the throne of God and of the Lamb ² down the middle of the great street of the city. On each side of the river stood the tree of life, bearing twelve crops of fruit, yielding its fruit every month. And the leaves of the tree are for the healing of the nations. ³ No longer will there be any curse. The throne of God and of the Lamb will be in the city, and his servants will serve him. ⁴ They will see his face, and his name will be on their foreheads. ⁵ There will be no more night. They will not need the light of a lamp or the light of the sun, for the Lord God will give them light. And they will reign for ever and ever.

Revelation 22:1-5