



If I'm Honest...

Real Life in the Psalms



"90 Days of Prayer:
Daily Prayer Through Psalms."

NEXT STEPS BLOG

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Grace is **unmerited** favor.

For the director of music. A psalm of David. When the prophet Nathan came to him after David had committed adultery with Bathsheba.

Psalm 51: Title (NIV 2011)

2 Samuel 11 and 12



⁹ Why did you despise the word of the LORD by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites.

2 Samuel 12:9 (NIV 2011)

Three Words about Grace

¹ **Have mercy** on me, O God,
according to your **unfailing love**;
according to your **great compassion**
blot out my transgressions.

² Wash away all my iniquity
and cleanse me from my sin.

Psalm 51:1-2 (NIV 2011)

הַנָּחַל (ḥā·năḥ) 

Three Words about Sin

¹ Have mercy on me, O God,
according to your unfailing love;
according to your great compassion
blot out my **transgressions**.

² Wash away all my **iniquity**
and cleanse me from my **sin**.

Psalm 51:1-2 (NIV 2011)

Three Words about Washing

¹ Have mercy on me, O God,
according to your unfailing love;
according to your great compassion
blot out my transgressions.

² **Wash away** all my iniquity
and **cleanse me** from my sin.

Psalm 51:1-2 (NIV 2011)

**Blot out – wash away – cleanse me – cleanse
me – wash me – hide your face – blot out –
create in me – renew in me – do not cast me
from your spirit – do not take your spirit from
me – restore to me – grant to me – save me**

³ For I know my transgressions,
and my sin is always before me.

⁴ Against you, you only, have I sinned
and done what is evil in your sight;
so you are right in your verdict
and justified when you judge.

Psalm 51:3-4 (NIV 2011)

An honest confession does not...

- Recall your past good deeds to lessen the weight of guilt and shame

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- Recall your past good deeds to lessen the weight of guilt and shame
- Shift blame or justify wrong behavior

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- Is Personal

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- Is Painful (awareness of the consciousness of sin)
- Points towards God

⁴ Against you, you only, have I sinned
and done what is evil in your sight;

Psalm 51:4 (NIV 2011)

⁹ **Why did you despise the word of the LORD** by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites.

2 Samuel 12:9 (NIV 2011)

An honest confession...

- Is Personal
- Is Painful (awareness of the consciousness of sin)
- Points towards God
- Is about the Problem of Sin

⁵ Surely I was sinful at birth,
sinful from the time my mother conceived me.
⁶ Yet you desired faithfulness even in the womb;
you taught me wisdom in that secret place.

Psalm 51:5-6 (NIV 2011)

⁷ **Cleanse** me with **hyssop**, and I will be clean;
wash me, and I will be whiter than snow.

⁸ Let me hear joy and gladness;
let the bones you have crushed rejoice.

⁹ Hide your face from my sins
and **blot** out all my iniquity.

Psalm 51:7-9 (NIV 2011)





Sin is washable. It is not permanent.

¹⁰ **Create in me** a pure heart, O God,
and **renew** a steadfast spirit within me.

¹¹ Do not cast me from your presence
or take your Holy Spirit from me.

¹² **Restore to me** the joy of your salvation
and **grant me** a willing spirit, to sustain me.

Psalm 51:10-12 (NIV 2011)

¹⁶ You do not delight in sacrifice, or I would bring it;
you do not take pleasure in burnt offerings.

¹⁷ My sacrifice, O God, is a **broken** spirit;
a **broken** and **contrite** heart
you, God, will not despise.

Psalm 51:16-17 (NIV 2011)



I'm holding onto you, and letting go

I'm pressing into what is true

I wanna lose myself again and be found in you

Chris Kopp

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according to your great compassion
blot out my transgressions.

² Wash away all my iniquity
and cleanse me from my sin. ...

¹⁰ Create in me a pure heart, O God,
and renew a steadfast spirit within me.

Psalm 51:1-2, 10 (NIV 2011)